MONTGOMERY COUNTY RE-ENTRY RESOURCE AND DIRECTORY

Developed by Family Services of Montgomery County For changes or additions contact:

Glenda Gieder - (610) 630-2111 Ext. 245

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ANGER MANAGEMENT

KEYSTONE RECOVERY CENTER

5 Miles South of Philadelphia Airport Phone# (800) 558-9600

Contact: Admissions Counselor

The Key Recovery Center

Adult Outpatient Services Program -

- 1. Adult Partial Hospital Program (PHP) (Brookhaven
- 2. Adult Intensive Outpatient Program (IOP) (Brookhaven and Ambler) (Key Recovery's IOP is designed as an Early Recovery program focusing on the development of relapse prevention strategies and coping skills that a person needs to secure a sober, productive lifestyle.
- 3. Spirituality and Outpatient Services
- Offering specialized outpatient groups such as Anger Management group and Co-Occurring disorder group. New groups will be developed as community needs are identified.
- Family Services This program, offers individual, group, and family counseling services to the loved ones dealing with family or friends in treatment. The Adult Family Group meets at least 1x weekly at Brookhaven and 1-2x monthly at Ambler.

Adolescent Services

- 6. Adolescent Intensive Outpatient Program (IOP) (Brookhaven and Ambler)
 Key Recovery's adolescent intensive Outpatient Program is designed to meet the complex needs of today's adolescents. The adolescent IOP is an excellent option for step down from Partial Hospital or Residential Treatment settings. Comprehensive assessment is utilized to developing an understanding of the severity of the adolescent's drug and alcohol problems and to assess the strengths of each individual admitted into the program. These strengths are then utilized to develop strength based treatment plan goals and develop new skills to aid in the process of change.
- Adolescent Outpatient Treatment (Brookhaven and Ambler)
 Outpatient group designed for the adolescent with drug and alcohol or co-occurring problems who need treatment to begin or continue the process of change started in a higher level of care.
- 8. **Anger Management Groups**Key Recovery's Anger Management Program includes an eight week curriculum

Referrals come from Social Workers in MCCF. Self pay, Private Pay or County Funding for D&A services provided through Abbington Case Management and Creative Health Pottstown.

MENERGY

7500 Germantown Ave.
New Covenant Campus
Elders Hall, Suite 5
Philadelphia, PA. 19119
Phone (215) 242-2235 Fax# (215) 242-4973

SPANISH GROUP

Mar a de los Santos Health Center

5th & Allegheny

Philadelphia, PA

Spanish# (267) 625-6135

Contact Person: Kerri

SERVICES:

Anger Management Treatment Domestic Abuse Counseling

Menergy is a counseling and re-education program for men who are physically or emotionally abusive with their partners. This carefully designed 8-month counseling program consists of a:

Beginner level:

3 individual 1-hour sessions for evaluation, assessment and contracting, followed by 10 weeks of 2-hour, once-a-week psycho-educational groups working to stop abusive behavior, emphasizing accountability, taking responsibility and building skills through structured discussions.

Advanced level:

20 weeks of intensive group therapy focused on understanding the roots of the problem and better ways of handling internal and interpersonal conflict.

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population. Informal relationship with Behavioral Health Court and MCCF. Countywide services provided. Spanish speakers available.

RAVENHILL PSYCHOLOGICAL SERVICES

Contact Person: Jay Deppler

Email: <u>Jdeppler@edisoncourt.com</u>

SERVICES:

Treatment for Spousal Abuse & Anger Management Outpatient Mental Health Clinic

Ravenhill offers many different Therapeutic Services – Individual Therapy, Group Therapy, Family Therapy and Couples Therapy

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population. Formal relationship with Behavioral Health Court and MCCF. Countywide services provided. Spanish speakers available.

Ravenhill now accepts Medicaid and several commercial insurances and accepts referrals for services from individuals, community agencies, residential treatment facilities, school districts, hospitals, and county agencies.

RISE ABOVE

100 Ross Rd., Suite 204 King of Prussia, PA 19406 Phone# (484) 681-4040 / Fax# (484) 681-9734

100 Porter Rd., Suite 200 Pottstown, PA 19464

Contact Info/Email: nate@rhd.org

Rise Above is a licensed Drug and Alcohol program that is contracted with Montgomery County Adult Probation and Parole, and provides Drug Court treatment service, DUI Assessment, and Drug and Alcohol services in Montgomery County Correctional facility.

Coordinator: Nathan Bailey, M.A., L.P.C., Director

BATTERERS TREATMENT

CREATIVE HEALTH

11 Robinson St.
Pottstown, PA 19464
Phone# (484)941-0500 / Fax# (484)941-0515

Contact Person: Renee Tsakonis – Case Manager

Email: <u>Rtsakonas@creativehs.org</u>

SERVICES:

Mental Health Outpatient Services
Intensive Outpatient Program (I.O.P.)
Drug & Alcohol Services
Montgomery County Family Counseling & Case Management
Wrap Around Services

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population. Formal relationship with Behavioral Health Court and MCCF. Countywide services provided. Spanish speakers available.

Hours of Operations: Monday-Thursday, 8:30am-9:00pm, Friday, 8:30am-5:00pm and Saturday by Appointment Only

MENERGY

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New Covenant Campus
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Philadelphia, PA. 19119
Phone (215) 242-2235 Fax# (215) 242-4973

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THE PEACE CENTER

102 West Maple Ave Langhorne, PA 19047-2820 Phone (215)750-7220 / (215)750-0323

Contact Person: John Bochnowicz Email: info@thepeacecenter.org

SERVICES:

S.A.F.E. Program - Treatment for Abusive Behavior in Family

S.A.F.E. (Supportive Alliance for Family Empowerment)

Men Helping Men Stop Violence – A program developed by John Anthony Bochnowicz to empower families to stop the cycle of abuse and violence by working individually with spouses and in groups.

Provides services to anyone 18 and older who is on probation or parole from MCCF, but does not specifically target this population. Serves Hatboro and Hatfield area. No Spanish speakers available.

RAVENHILL PSYCHOLOGICAL SERVICES

Contact Person: Jay Deppler

Email: <u>Jdeppler@edisoncourt.com</u>

SERVICES:

Treatment for Spousal Abuse & Anger Management Outpatient Mental Health Clinic

Ravenhill offers many different Therapeutic Services – Individual Therapy, Group Therapy, Family Therapy and Couples Therapy

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population. Formal relationship with Behavioral Health Court and MCCF. Countywide services provided. Spanish speakers available.

Ravenhill now accepts Medicaid and several commercial insurances and accepts referrals for services from individuals, community agencies, residential treatment facilities, school districts, hospitals, and county agencies.

DETOX FACILITIES

BOWLING GREEN - BRANDYWINE

P.O. Box 787 1375 Newark Road Kennett Square, PA 19348 (888) 307-6237

Contact Person: Barbara Ruggeri

SERVICES:

Detox

Drug & Alcohol Inpatient Rehab Intensive Outpatient

Detox Services – For clients who have not stopped using prior to entering treatment, we provide on-site medically supervised detox. This process allows you to rid your body of the substance to which you have become addicted without experiencing dangerous or painful withdrawal symptoms.

For more than 30 years, Bowling Green Brandywine has been committed to providing the highest quality, client-focused residential addiction treatment.

Provides services to anyone 18 and older who is on probation or parole from MCCF.

DOES NOT specifically target this population.

Countywide services provided.

Spanish speakers available.

CLEM-MAR HOUSE FOR MEN

540-542 Main St. Edwardsville, PA 18704 Phone# (570) 288-0403

Contact Person: Lynn Barto – Clinical Director
Email: Lynn.barto@clemmarhouse.org

SERVICES:

Long Term Residential Drug & Alcohol Rehab Center Co-occurring Mental Health & Drug & Alcohol Disorders

PURPOSE:

To provide a three (3) month to (6) month residential program in which chemically dependent clients can reorganize their lives with a view toward an independent lifestyle.

EXPECTED OUTCOMES:

- 1. Find gainful employment
- 2. Continue educational plans

Clem-mar House for Men served 300-400 MCCF returning citizens last year.

Provides services to anyone 18 and older who is on probation or parole from MCCF. DOES specifically target this population. Formal relationship with Behavioral Health Court and MCCF – by Referral – per Single County Authority Contract (SCA). Countywide services provided. Resident Manager is Spanish speaking.

CLEM-MAR HOUSE FOR WOMEN

540-542 Main St.
Dallas, PA 18704
Phone# (570) 674-1575

Contact Person: Lynn Barto – Clinical Director
Email: Lynn.barto@clemmarhouse.org

SERVICES:

Long Term Residential Drug & Alcohol Rehab Center Co-occurring Mental Health & Drug & Alcohol Disorders

PURPOSE:

To provide a three (3) month to (6) month residential program in which chemically dependent clients can reorganize their lives with a view toward an independent lifestyle.

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EAGLEVILLE HOSPITAL

100 Eagleville Rd.
Eagleville, PA 19403
Phone# (610) 539-6000

Contact Person: Charlie Folks

Email: <u>cfolks@eagleville.org</u>

Website: www.eaglevillehospital.org

Eagleville Hospital provides a variety of non-hospital residential programs for men and women addicted to alcohol and drugs. Eagleville provides a serene, therapeutic atmosphere that encourages rehabilitation

SERVICES:

Mental Health Services
Drug & Alcohol Detox & Inpatient Care
Geriatric Psychiatric Treatment
Acute Co-Occurring Disorder Unit
Non Hospital Level Rehab (Counseling)

Hospital Level Detox – Patients may be admitted to Eagleville Hospital while intoxicated or in withdrawal from drugs or alcohol. Under 24-hour medical supervision, the patient withdraws from the physical effects of substance use disorders. Patients receive care from experienced physicians and nurses who are prepared to treat medical and psychiatric complications that may arise during withdrawal. While detoxification is usually completed in four to seven days, it is only the first step in treating chemical dependency. Once stabilized, the patient may be transferred to one of Eagleville's residential programs, or to an outpatient program.

Non-Hospital Level Detoxification - Upon admission, patients receive a physical examination that includes a review of their health history. Patients admitted to the unit must be free of acute co-occurring medical and/or psychiatric disorders. The length of stay will vary depending upon the severity of the chemical dependence. Once stabilized, patient may be referred to on of Eagleville's residential programs, or an outpatient program.

Provides services to anyone 18 and older who is on probation or parole from MCCF. DOES NOT Specifically target this population. Informal relationship with MCCF. Countywide services provided. No Spanish speakers available.

KEYSTONE RECOVERY CENTER

5 Miles South of Philadelphia Airport Phone# (800) 558-9600

Contact: Admissions Counselor

SERVICES:

The Key Recovery Center

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- Adult Intensive Outpatient Program (IOP) (Brookhaven and Ambler)
 (Key Recovery's IOP is designed as an Early Recovery program focusing on the development of relapse prevention strategies and coping skills that a person needs to secure a sober, productive lifestyle.
- 3. Spirituality and Outpatient Services
- 4. Offering specialized outpatient groups such as **Anger Management** group and **Co-Occurring disorder group**. New groups will be developed as community needs are identified.
- 5. **Family Services** This program, offers individual, group, and family counseling services to the loved ones dealing with family or friends in treatment. The Adult Family Group meets at least 1x weekly at Brookhaven and 1-2x monthly at Ambler.

Adolescent Services

- 6. Adolescent Intensive Outpatient Program (IOP) (Brookhaven and Ambler)
 Key Recovery's adolescent intensive Outpatient Program is designed to meet the complex needs of today's adolescents. The adolescent IOP is an excellent option for step down from Partial Hospital or Residential Treatment settings. Comprehensive
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- 7. Adolescent Outpatient Treatment (Brookhaven and Ambler)

 group designed for the adolescent with drug and alcohol or co-occurring problems who need treatment to begin or continue the process of change started in a higher level of care.
- 8. Anger Management Groups
 Key Recovery's Anger Management Program includes an eight week curriculum

Referrals come from Social Workers in MCCF. Self pay, Private Pay or County Funding for D&A services provided through Abbington Case Management and Creative Health Pottstown.

MALVERN INSTITUTE

240 Fitzwatertown Rd Willow Grove, PA 19090 Phone# (888) 643-3869 Or 940 W. King Rd. Malvern, PA 19355

SERVICES:

Inpatient D&A & Detox Services

Mental Health – Psychological Inpatient Treatment (Willow Grove)

Intensive Outpatient

PREMIER SERVICES:

Chronic Pain
Mental Health with Addiction Issues
Relapse Prevention Program
High Risk Patients
Grief, Trauma & Loss

There are specific services being offered at each location, so call the above number and they can direct you to the services that fit your needs.

MIRMONT CENTER

Delaware Valley, PA Phone (610) 744-1400

Contact: Patrick Muldoon

SERVICES:

Drug & Alcohol Inpatient and Alcohol Detox Mental Health Issues Inpatient Medically Monitored Detoxification Inpatient Rehabilitation Inpatient Dual Diagnosis Intensive outpatient Individual Therapy

Mirmont Center has an "SCA" – Single County Authority Contract with MCCF and Behavioral Health Court, and provides services to anyone 18 and older who is on probation or parole from MCCF. Mirmont does not specifically target this population. Countywide services are provided. Spanish speakers are available.

Mirmont is dedicated to providing compassionate, quality treatment to all those affected by alcoholism, drug dependency and other mental health issues.

Mirmont offers a full continuum of inpatient and outpatient programs and services for adults over the age of 18.

VALLEY FORGE MEDICAL CENTER

1033 W. Germantown Pike Eagleville, PA 19403 Phone# (610) 539-8500

Website: www.vfmc.net

Contact Person: Linda LePere – Social Worker

SERVICES:

Inpatient D & A and Detox Services

Valley Forge Medical Center is an acute and sub-acute care institution dedicated to the treatment of alcoholism, drug addiction, and associated physical and emotional disorders, including HIV/AIDS.

PAIN MANAGEMENT PROGRAM -

The Breakthrough Unit - is an innovative, multi-disciplinary, pain management program at Valley Forge Medical Center. Treatment is based on the "Addiction-Free Pain Management™ System" developed by Dr. Stephen Grinstead (www.addiction-free.com). This treatment model is aimed at helping chronic pain patients to manage their pain in a safe, recovery-oriented manner, while improving their overall quality of life.

ADDICTION PROGRAM -

The two major components of the Addictions Program include detoxification and rehabilitation services. The Valley Forge Addictions Program treats alcoholics and drug addicts, ages 18 years and older. All treatment services are based within Valley Forge Medical Center & Hospital, which operates twenty-four hours a day, seven days a week. Initial intake is usually by telephone, where individuals are prescreened for treatment and appropriate level of care. Insurance guidelines are reviewed with the potential patient. Length of stay determination is based upon each patient's needs and justification for continued inpatient treatment.

SPANISH PROGRAM -

At VFMC, we believe that linguistic and culturally appropriate substance abuse treatment is essential for recovery, and should be made available for the Latino community. Therefore, El Programa Latino is staffed with bilingual, bicultural nursing personnel and counselors who follow each Spanish-speaking patient from admission to discharge, and have an understanding of the Latino culture. Individual counseling, group therapy, and educational sessions are all conducted in Spanish. All materials including admission paperwork, treatment planning documentation, patient assignments, and program literature have been translated into Spanish and are readily available.

For more information regarding admission to El Programa Latino please contact our Admissions Department at 610-539-8500 or Steve Yetter, Program Director, at 610-539-8525 ext 446.

DRUG & ALCOHOL INPATIENT

ALDIE COUNSELING – BUCKS COUNTY

Doylestown and Langhorne, PA.

Phone: (215) 345-8530

Contact Person: Cathy or Carol Email: canderson@aldie.org

SERVICES:

Drug & Alcohol Inpatient and Outpatient Mental Health Treatment Transitional Housing for Men in Recovery

Provides services to anyone 18 and older who is on probation or parole from MCCF. Does NOT specifically target this population. Informal relationship with MCCF. BUCKS County services provided. Spanish speakers available.

BOWLING GREEN - BRANDYWINE

P.O. Box 787 1375 Newark Road Kennett Square, PA 19348 (888) 307-6237

Contact Person: Barbara Ruggeri

SERVICES:

Detox

Drug & Alcohol Inpatient Rehab & Residential Care Intensive Outpatient

Residential Care -

Our initial 30 day residential phase is a highly structured experience that is designed to provide the solid foundation upon which you will build a healthier and happier life free from the chains of addiction.

Provides services to anyone 18 and older who is on probation or parole from MCCF.

DOES NOT specifically target this population.

Countywide services provided.

Spanish speakers available.

For more than 30 years, Bowling Green Brandywine has been committed to providing the highest quality, client-focused residential addiction treatment.

CLEM-MAR HOUSE FOR MEN

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PURPOSE:

To provide a three (3) month to (6) month residential program in which chemically dependent clients can reorganize their lives with a view toward an independent lifestyle.

EXPECTED OUTCOMES:

- 3. Find gainful employment
- 4. Continue educational plans

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Email: <u>cfolks@eagleville.org</u>

Website: www.eaglevillehospital.org

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SERVICES:

Hospital Level Detox
Hospital level Rehab
Non-Hospital Level Detox
Non-Hospital Co-Occurring Disorders
Non-Hospital Level Rehabilitation
Geriatric Psychiatric Treatment
Acute Co-Occurring Disorder Unit

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Website: www.vfmc.net

Contact Person: Linda LePere – Social Worker

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SPANISH PROGRAM -

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For more information regarding admission to El Programa Latino please contact our Admissions Department at 610-539-8500 or Steve Yetter, Program Director, at 610-539-8525 ext 446.

DRUG & ALCOHOL OUTPATIENT

ABINGTON HOSPITAL – CREEKWOOD CENTER

3941 Commerce Ave.

Willow Grove, PA. 19090

Phone: (215) 481-5450 /(215) 481-5483

SERVICES:

DRUG AND ALCOHOL CASE MANAGEMENT & COUNSELING SERVICES

MENTAL HEALTH SERVICES

Drug and Alcohol Case Management - Program Description -

The Drug and Alcohol Case Management program ensures that individuals who seek drug and alcohol treatment and are living in Montgomery County and do not have insurance are assessed and placed with the appropriate agencies.

Program Goals and Services -

We assess clients to determine the appropriate level of care. After the assessment, clients are placed in programs such as detoxification, short and long- term rehabilitation, halfway houses and with partial and intensive outpatient services. We coordinate care with drug and alcohol facilities and follow-up with treatment centers to promote continuity of care. We also coordinate transportation to facilities when needed.

For more information or to make a referral, please call **215-830-8966**.

The Creekwood Center is located only 10 minutes north of Abington Memorial Hospital at Abington Health Center – Schilling, one half mile from Route 611. Direct access to the center's parking lot is on Commerce Avenue.

Provides services to anyone 18 and older who is on probation or parole from MCCF, but DOES NOT specifically target this population. Informal relationship with MCCF. Countywide services provided. Spanish speakers are available through Abington Hospital.

ALDIE COUNSELING – BUCKS COUNTY

Doylestown and Langhorne, PA.

Phone: (215) 345-8530

Contact Person: Cathy or Carol Email: canderson@aldie.org

SERVICES:

Drug & Alcohol Inpatient and Outpatient Mental Health Treatment Transitional Housing for Men in Recovery

Provides services to anyone 18 and older who is on probation or parole from MCCF. Does NOT specifically target this population. Informal relationship with MCCF. BUCKS County services provided. Spanish speakers available.

BOWLING GREEN - BRANDYWINE

P.O. Box 787 1375 Newark Road Kennett Square, PA 19348 (888) 307-6237

Contact Person: Barbara Ruggeri

SERVICES:

Detox

Drug & Alcohol Inpatient Rehab

Intensive Outpatient

Partial Treatment – Clients who can benefit from this step-down level of care receive group, individual counseling, lectures, relapse prevention, medication management and 12-step education five to seven days a week during the morning and early afternoon.

For more than 30 years, Bowling Green Brandywine has been committed to providing the highest quality, client-focused residential addiction treatment.

Provides services to anyone 18 and older who is on probation or parole from MCCF.

DOES NOT specifically target this population.

Countywide services provided.

Spanish speakers available.

CREATIVE HEALTH

11 Robinson St.
Pottstown, PA 19464
Phone# (484)941-0500 / Fax# (484)941-0515

Contact Person: Renee Tsakonis – Case Manager

Email: Rtsakonas@creativehs.org

SERVICES:

Mental Health Outpatient Services
Intensive Outpatient Program (I.O.P.)
Drug & Alcohol Services
Montgomery County Family Counseling & Case Management
Wrap Around Services

<u>Drug and Alcohol Outpatient Services</u> can provide recovery skills, support and hope in a confidential, safe environment. Out Outpatient Program offers comprehensive substance abuse services including specialized treatment for individuals with co-occurring mental health disorders. Our goal is to encourage individuals whose lives have been affected by substance abuse and chemical dependency to work on personal life issues related to their individual circumstances.

Outpatient Services include:

<u>Prevention-Education Services</u> provide evidenced-based programs to community groups including schools, faith-based organizations and local businesses. Prevention-Education Programs include workshops and group discussions on requested topics including alcohol, tabacco and other drugs, peer pressure, refusal skills, conflict resolution and self-esteem. Parenting skills and family education programs are also offered.

<u>Western Montgomery County Drug and Alcohol Case Management Services</u> provides screenings, assessments and referrals for qualifying uninsured and underinsured Montgomery County residents seeking detoxification, inpatient treatment, half-way house or outpatient services.

Pregnant IV drug users, pregnant women and IV drug users are given preferential access to treatment

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population. Formal relationship with Behavioral Health Court and MCCF. Countywide services provided. Spanish speakers available.

CENTRAL MONTGOMERY MH/MR CENTER

1100 Powell St. Norristown, PA. 19401 Phone (610)277-4600

Email: Central@centralmhmr.org

Contact: Katie Walsh

Central specializes in case management, outpatient therapy, group therapy, parent group, family education, school based counseling, alcohol and drug treatment.

The mental, emotional and developmental health of each member of the community is central to the quality of life of everyone who works or lives in Montgomery County.

Central Montgomery Mental Health/Mental Retardation Center, or Central, is the oldest private, not-for-profit, multi-service community mental health center in Montgomery County, PA. We provide services to more than 4,000 individuals and families through specialized programs, covering a full spectrum of behavioral health services. Approximately one in five American adults have their lives interrupted by some form of mental illness. Central provides the necessary support to enable people living with mental illness to be productive members of society. A partial list of services appears below —

SERVICES:

Clinical Options toward Recovery (CORE) – structured support for people with addiction problems

Intensive Case Management/Resource Coordination — In-community support service for persons with serious mental illness who are crises-prone or unable to maintain steady connections with community-based services

Service Case Management – Services to assist individuals and families in gaining access to appropriate mental health services, resources and supports

Outpatient Services – Clinical support providing communication and coping skills on an individual, couple and family basis

EAGLEVILLE HOSPITAL

100 Eagleville Rd. Eagleville, PA 19403

Contact Person: Charlie Folks Email: cfolks@eagleville.org

SERVICES:

Mental Health Services
Drug & Alcohol Inpatient
Geriatric Psychiatric Treatment
Acute Co-Occurring Disorder Unit
Non Hospital Level Rehab (Counseling)

As a pioneer in the field, Eagleville offers a variety of hospital and non-hospital residential programs. These services are provided in a multi-disciplinary environment that attends to the related medical, mental health and social problems of individuals with substance use disorders.

Hospital Level Detox – Patients may be admitted to Eagleville Hospital while intoxicated or in withdrawal from drugs or alcohol. Under 24-hour medical supervision, the patient withdraws from the physical effects of substance use disorders. Patients receive care from experienced physicians and nurses who are prepared to treat medical and psychiatric complications that may arise during withdrawal. While detoxification is usually completed in four to seven days, it is only the first step in treating chemical dependency. Once stabilized, the patient may be transferred to one of Eagleville's residential programs, or to an outpatient program.

Provides services to anyone 18 and older who is on probation or parole from MCCF. DOES NOT Specifically target this population. Informal relationship with MCCF. Countywide services provided. No Spanish speakers available.

GAUDENZIA – MONTGOMERY COUNTY OUTPATIENT

55 Marshall St. Norristown, PA 19401 Phone# (610) 278-1094 / (610) 279-4262 Fax# (610) 239-9195

Contact Person: Wendy Levin – Director Email: wlevin@gaudenzia.org

Primary Focus: Substance Abuse Treatment & Mental Health Services Special Programs/Groups: Women, Men, DUI/DWI offenders, Criminal justice clients

Adult Residential Services – Short, intermediate and long term substance abuse and mental health services are available for adults, women with children, homeless individuals, and HIV symptomatic substance abusers.

Outpatient Services – Traditional counseling is provided in outpatient settings including Intensive Outpatient Programs (IOP), Partial Hospitalization, and diversified prevention programs.

Adolescent Services – For teens seeking recovery from chemical dependency, Gaudenzia offers both residential and outpatient programs.

Mental Health Residential Services – Specialized services to treat individuals whose chemical dependency co-occurs with mental disorders.

Prison Services – Specialized programs for individuals involved in the criminal justice system including services for substance abuse and co-occurring disorders.

Transitional and Permanent Housing – Gaudenzia operates affordable, drug-free housing to help clients stabilize their recovery following treatment.

Forms of Payment Accepted: Self payment, Medicaid

Payment Assistance: Sliding fee scale (fee is based on income and other factors)

Has a Formal Contract with Drug Court in Norristown

KEYSTONE CENTER

5 Miles South of Philadelphia Airport Phone# (800) 558-9600

Contact: Admissions Counselor

SERVICES:

The Key Recovery Center

Adult Outpatient Services Program -

- 1. Adult Partial Hospital Program (PHP) (Brookhaven
- Adult Intensive Outpatient Program (IOP) (Brookhaven and Ambler)
 (Key Recovery's IOP is designed as an Early Recovery program focusing on the development of relapse prevention strategies and coping skills that a person needs to secure a sober, productive lifestyle.
- 3. Spirituality and Outpatient Services
- 4. Offering specialized outpatient groups such as **Anger Management** group and **Co-Occurring disorder group**. New groups will be developed as community needs are identified.
- 5. **Family Services** This program, offers individual, group, and family counseling services to the loved ones dealing with family or friends in treatment. The Adult Family Group meets at least 1x weekly at Brookhaven and 1-2x monthly at Ambler.

Adolescent Services

- 6. Adolescent Intensive Outpatient Program (IOP) (Brookhaven and Ambler)
 - Key Recovery's adolescent intensive Outpatient Program is designed to meet the complex needs of today's adolescents. The adolescent IOP is an excellent option for step down from Partial Hospital or Residential Treatment settings. Comprehensive assessment is utilized to developing an understanding of the severity of the adolescent's drug and alcohol problems and to assess the strengths of each individual admitted into the program. These strengths are then utilized to develop strength based treatment plan goals and develop new skills to aid in the process of change.
- 7. Adolescent Outpatient Treatment (Brookhaven and Ambler)

 group designed for the adolescent with drug and alcohol or co-occurring problems who need treatment to begin or continue the process of change started in a higher level of care.
- 8. **Anger Management Groups**Key Recovery's Anger Management Program includes an eight week curriculum

Referrals through Social Workers in MCCF. Self pay, Private Pay or County Funding for D&A services provided through Abbington Case Management and Creative Health Pottstown.

MALVERN INSTITUTE

240 Fitzwatertown Rd Willow Grove, PA 19090 Phone# (888) 643-3869 Or 940 W. King Rd. Malvern, PA 19355

SERVICES:

Inpatient D&A & Detox Services

Mental Health – Psychological Inpatient Treatment (Willow Grove)

Intensive Outpatient

PREMIER SERVICES:

Chronic Pain
Mental Health with Addiction Issues
Relapse Prevention Program
High Risk Patients
Grief, Trauma & Loss

There are specific services being offered at each location, so call the above number and they can direct you to the services that fit your needs.

MIRMONT CENTER

Delaware Valley, PA Phone (610) 744-1400

Contact: Patrick Muldoon

SERVICES:

Drug & Alcohol Inpatient and Alcohol Detox Mental Health Issues Inpatient Medically Monitored Detoxification Inpatient Rehabilitation Inpatient Dual Diagnosis Intensive outpatient Individual Therapy

Mirmont Center has an "SCA" – Single County Authority Contract

Provides services to anyone 18 and older who is on probation or parole from MCCF.

DOES NOT specifically target this population. Formal relationship with Behavioral Health Court and MCCF. Countywide services provided. Spanish speakers available.

Mirmont is dedicated to providing compassionate, quality treatment to all those affected by alcoholism, drug dependency and other mental health issues.

Mirmont offers a full continuum of inpatient and outpatient programs and services for adults over the age of 18.

EMPLOYMENT & TRAINING

BAKER INDUSTRIES

184 Pennsylvania Ave. Malvern, PA 19355 Phone# (215) 291-5700

To inquire about our - WORK PROGRAM

Contact Beth Tiewater if you are interested in joining our work program

Baker Industries is a non-profit work rehabilitation program for vulnerable adults. We provide real work for real wages, employing and finding outside employment for the disabled, recovering substance abusers, parolees, and the homeless, providing in-house job training prior to placement.

While Baker works to directly impact the quality of life of its program participants, the results are much more far-reaching:

Recidivism rates are reduced Welfare rolls are lowered Taxpayer rolls are increased

Baker Industries accepts no government funding. Our administrative costs are 8.6% of our operating expenses. 70% of revenue comes from payment of the jobs we do for customers. The balance is provided by individuals and organizations willing to make charitable contributions to our operating costs.

CAREER LINK – Pennsylvania

Commonwealth Workforce Development Services 1855 New Hope St. Norristown, PA 19401 Phone# (610) 270-3429

Website: <u>www.cwds.state.pa.us</u>

The Career Link Pennsylvania program helps people with resume writing and interviewing skills. It also provides information on companies that are actively hiring in the area. For more specific information on the type of work or training program you are looking for, go to the website and choose the field of interest you wish to search for. Career Link of Pennsylvania has several convenient office locations throughout Montgomery County.

If you are interested in career assistance (finding a job, looking for a better job, improving job skills) or seeking vocational rehabilitation services, CWDS enables you to search for job openings, create a résumé, apply for jobs online, research career information or request vocational rehabilitation services. Use any of the following links to get more details.

Job Seeker Services

The Pennsylvania Job Gateway is an online tool provided to connect job seekers to potential employers. You can search and view current job openings. To apply for a job you must complete online registration.

Certified TAA/WIA Training Programs/Providers List –

You can use this feature to browse the listing of occupational training providers that have been approved through the federal Workforce Investment Act. View detailed information about each training provider as well as the occupational training courses offered to you. For more information about how to access these courses, contact Pennsylvania CareerLink offices.

PA Career Coach -

Find job opportunities tailored to your skills and experience. Get an overview of various occupations, wage information and how it is performing in your local area, and which occupations are in demand.

CARELINK COMMUNITY SUPPORT SERVICES

For general information or to make a referral please contact:

Elizabeth Hutwelker, CPRP, Career Services Director 140 S. Lansdowne Avenue Lansdowne, PA 19050

Phone: 610-626-6442 Fax: 610-626-2336

Email: ehutwelker@carelinkservices.org

Employment, Education and Training for Career Learning - Employment is a normalizing experience in most people's lives and one that is especially elusive to people with mental illness. CareLink's Career Services programs provides individualized employment, education, and training services to promote self-worth, the development of natural supports, and community integration.

Vocational Assessment - Ours is a collaborative process to gather and evaluate the person's educational and employment history to help identify strengths, resources and needs.

Education Services - Help for people with goals in education, whether to complete a GED, attend job specific training, or earn a college or advanced degree. Through one-to-one coaching, specialists provide information, help with applications, tutoring, advocacy with schools, and problem solving assistance.

Employment Services - We help people match their interests and skills with competitive employment opportunities. CareLink staff members provide job-seeking skills training, targeted job development, on-site vocational support, and retention assistance. Helping people maintain their jobs is a unique feature of our program.

Computer Skills Training - With support from the Beaumont Foundation, Career Services has a computer lab with state of the art equipment and software. Participants use the lab for individual projects, such as homework or job search, and can participate in the software tutorials offered each month by staff. Sample training topics include Internet basics, Windows XP, MS Word, Excel, using e-mail, and accessing on-line education and employment supports.

Disability Management - People can participate in non-stigmatizing groups and peer supports to promote wellness, recovery, and achievement. Current offerings include:

- 1. Share Group an employment and wellness peer support group
- 2. Stress Management Group a bi-weekly group focusing on managing stress through peer sharing, imagery, deep breathing and stretching exercises, journaling, and art therapy.
- 3. Specialty skills workshops such as "Interviewing 101" based on feedback from participants and staff observation of need.

MONT CO. WORKFORCE INVESTMENT BOARD

Montgomery County Courthouse P.O. Box 311 Norristown, PA 19404-0311 Phone# (610) 278-3000

EARN PROGRAM - Employment Advancement and Retention Network

The EARN Program is funded by the Pennsylvania Department of Public Welfare through TANF (Temporary Assistance for Needy Families). Participants must be referred to this program.

The goal of the Workforce Investment Act (WIA) and related workforce development programs is to increase the employment, retention, and earnings of individuals served; increase their occupational skill attainment; improve the quality of the workforce; reduce welfare dependency; and enhance the productivity and competitiveness of the nation.

Two programs that help to reach this goal are On-the-Job Training and Customized Job Training. Training is available for WIA eligible participants. These programs are provided by contracts with employers in the public, private non-profit, and private for-profit sector. Contracts cannot be made with employers that exhibit a pattern of failing to provide OJT participants with the same wages, benefits, and working conditions as provided to regular employees that have worked a similar length of time or are doing the same type of work. Employers must commit to continue to employ OJT and CJT participants after successful completion of the training.

On-the-Job Training

On-the-Job Training (OJT) grant funds are provided to reimburse eligible employers 50% of participants' wages in the maximum amount of \$3,500 per participant, not to exceed a total of \$25,000.

Customized Job Training

Customized Job Training (CJT) grant funds are provided to reimburse eligible employers up to 75% of eligible training costs to meet specifications of the occupation prior to employment.

MONTGOMERY COUNTY OPPORTUNITIES INDUSTRIALIZATION CENTER (OIC)

1101 Arch St.

Norristown, PA 19401

Phone# (610) 279-9700 / Fax# (610) 279-9705

Email: info@montcooic.org

Montgomery County Opportunities Industrialization Center (OIC) has proudly served the community for 50 years. Montco OIC provides job training and literacy programs to help others gain valuable skills to enter today's workforce.

SERVICES:

Ongoing Enrollment for Our Pre-Apprenticeship Program

Contact Person: Denise Ashe Phone# (610) 279-9700

The Out-of-School Network program is funded by Montgomery County Department of Commerce and is being held in partnership with the Laborers' Union 135 under the leadership of Mr. Dan Woodall. Young adults can take part in this 20 weeks intense job training program at the OIC building located at 1101 Arch Street in Norristown, PA 19401.

There is a Spanish speaking instructor on board as well. The equally experienced union trainers will present the requirements of all 16 building trades in Montgomery County to students as part of the program outline. Job placement will be available at the completion of the training session for successful program participants.

Train to become:

- Plumber, boilermaker, carpenter, cement masons, insulators
- Electrical, iron worker, roofer, sheet metal worker
- Drywall/painting professional, sprinkler fitters, stream fitters
- Reinforces iron workers and operating engineers

Requirements:

- Montgomery County resident between the ages of 17 to 21
- Currently unemployed
- Possess a High School Diploma or GED
- Pass standardized entrance testing with a minimum of a 9th grade level

RAMSEY EDUCATIONAL DEVELOPMENT INSTITUTE (REDI)

17 West Airy St., Suite 311 Norristown, PA 19401 Phone# (610) 279-0301

Contact Person: Delois Owens

Email: <u>deloisowens21@gmail.com</u>

SERVICES:

GED EDUCATION

JOB TRAINING AND EMPLOYMENT PREPARATION

REDI focuses on teaching skills that encourage self-respect, a positive attitude and work ethic, and improved time management techniques for personal responsibilities. Pre-employment techniques, resume writing, and basic communication skills are offered. REDI provides training linkages with organizations such as labor unions for apprenticeship programs that lead to permanent positions.

ELIGIBILITY REQUIREMENTS:

To qualify for Ramsey Educational Development Institute, Inc. (REDI) Training and Employment Services programs, individuals must be:

- 1. A Pennsylvania Resident
- 2. Age 18 or older
- 3. Unemployed, or have income of less than 70% of the Lower Living Standard Income Level

Once accepted into REDI Training and Employment Services programs, student skill levels in the areas of math and reading are initially evaluated. Individual interviews to discuss vocational goals, and a survey of vocational aptitude, are also conducted during the assessment.

If you are interested in REDI Training and Employment Services' programs and believe you qualify, please send us an e-mail telling us about yourself and your interest. Your information will be held in confidence, and we will reply via e-mail promptly.

Ramsey Educational Institute has provided services to approximately 80 clients from the MCCF in the past year and specifically targets this population. Formal relationship with Behavioral Health Court and MCCF. Countywide services provided. No Spanish speakers available.

GED EDUCATION

CARELINK COMMUNITY SUPPORT SERVICES

For general information or to make a referral please contact:

Elizabeth Hutwelker, CPRP, Career Services Director 140 S. Lansdowne Avenue Lansdowne, PA 19050

Phone: 610-626-6442 Fax: 610-626-2336

Email: ehutwelker@carelinkservices.org

Employment, Education and Training for Career Learning - Employment is a normalizing experience in most people's lives and one that is especially elusive to people with mental illness. CareLink's Career Services programs provides individualized employment, education, and training services to promote self-worth, the development of natural supports, and community integration.

Vocational Assessment - Ours is a collaborative process to gather and evaluate the person's educational and employment history to help identify strengths, resources and needs.

Education Services - Help for people with goals in education, whether to complete a GED, attend job specific training, or earn a college or advanced degree. Through one-to-one coaching, specialists provide information, help with applications, tutoring, advocacy with schools, and problem solving assistance.

Employment Services - We help people match their interests and skills with competitive employment opportunities. CareLink staff members provide job-seeking skills training, targeted job development, on-site vocational support, and retention assistance. Helping people maintain their jobs is a unique feature of our program.

Computer Skills Training - With support from the Beaumont Foundation, Career Services has a computer lab with state of the art equipment and software. Participants use the lab for individual projects, such as homework or job search, and can participate in the software tutorials offered each month by staff. Sample training topics include Internet basics, Windows XP, MS Word, Excel, using e-mail, and accessing on-line education and employment supports.

KEYSTONE OPPORTUNITY CENTER

104 Main Street, PO Box 64183 Souderton, PA 18964 Phone # (215) 723-5430 / Fax# (215) 799-0739

SERVICES:

Educating Adults & Children GED
Tutoring
English Class/ESL
English language/Civics

GED preparation classes are offered in Souderton for students interested in attaining their high school equivalency diploma. Components of the GED preparation class are English reading, English composition, mathematics, science, and social studies. Classes are free and provided by the Pennsylvania Department of Education. Students wishing to attend class must first attend an orientation/assessment session. Once tested, students will meet with the director or student advisor to discuss placement into GED preparation, pre-GED preparation, DLP (Distance Learning Project), or basic skills tutoring.

Effective January 1, 2014, a new GED 2014 test will begin. The new test has four components: Reasoning through Language Arts (RLA), Mathematical Reasoning, Science and Social Studies. The new GED test will be a computer-based test ONLY. Paper versions will NOT be available unless you need accommodation.

Tutoring

The Adult Education program offers free one-on-one, pair, and small group tutoring provided through a grant from the Pennsylvania Department of Education. Students interested in having a tutor must first attend orientation/assessment session for level placement and goal setting. Students interested in tutoring must be able to meet with their tutors at least three hours a week. Students and tutors meet in public places such as libraries or at Keystone classroom sites.

For more information on GED testing, transcripts, study materials, and testing sites, please visit www.gedtestingservice.com

LITERACY COUNCIL OF NORRISTOWN, PA

113 East Airy St. Norristown, PA 19401 Phone# (610) 292-8515

Contact Person: Theresa Oliver – Director

Email: <u>executive.director@lcnlit.com</u>

SERVICES:

The **Literacy Council of Norristown (LCN)** is a non-profit organization that can help adults improve their reading, writing, and math skills. We also offer help with English as a foreign language. English literacy skills are important in finding or keeping a job, helping your children with their schoolwork, or seeking further education. You can earn your GED, receive one on one tutoring, or get interview preparation.

The Literacy Council of Norristown has provided services to approximately 300 clients from the MCCF in the past year.

Provides services to anyone 18 and older who is on probation or parole from MCCF. DOES NOT specifically target this population. Informal relationship with MCCF. Countywide services provided. No Spanish speakers available.

MONTGOMERY COUNTY OPPORTUNITIES INDUSTRIALIZATION CENTER (OIC)

1101 Arch St.

Norristown, PA 19401

Phone# (610) 279-9700 / Fax# (610) 279-9705

Email: info@montcooic.org

Montgomery County Opportunities Industrialization Center (OIC) has proudly served the community for 50 years, providing literacy programs to gain valuable skills to enter today's workforce.

GED and Adult Basic Education

GED and ABE courses are available for those who wish to earn their diploma to advance their career. Enrollment is ongoing, interested students may stop by the office to sign up. Morning and evening classes are available every Monday, Tuesday and Thursday. For information, call (610) 279-9700 and ask for Ms. Margaret.

English as a Second Language

We offer ESL courses for Spanish-speaking residents who are looking to strengthen their English vocabulary. Classes are held in conjunction with our GED classes every Monday, Tuesday and Thursday. To sign up, visit our office at 1101 Arch Street or call (610) 279-9700.

Computer Skills Training

Weekly computer skills training will take place every Wednesday from 6-8pm. The program is free, however, space is limited to 8 students per session, so register today. Learn the basic functions of Microsoft Windows or how to code/build websites, we have a learning plan geared towards all levels. Sign up now – call (610) 279-9700. Below is our schedule of classes:

- 1st Wednesdays Basic Computing Skills
- 2nd Wednesdays Microsoft Office (Word, PowerPoint, Excel, Publisher, Access, Outlook)
- 3rd Wednesdays Internet safety and social media branding
- 4th Wednesdays Website design and coding (HTML, CSS)

MONT CO. WORKFORCE INVESTMENT BOARD

Montgomery County Courthouse P.O. Box 311 Norristown, PA 19404-0311 Phone# (610) 278-3000

GED TRAINING

A fast-paced GED and employability program is offered to eligible teens and adults who are no longer enrolled in high school. This program provides academic instruction to pass the GED exam as well as individualized coaching in conducting an effective job search.

HALFWAY HOUSES

CLEM-MAR HOUSE FOR MEN

540-542 Main St. Edwardsville, PA 18704 Phone# (570) 288-0403

Contact Person: Lynn Barto – Clinical Director
Email: Lynn.barto@clemmarhouse.org

SERVICES:

Long Term Residential Drug & Alcohol Rehab Center Co-occurring Mental Health & Drug & Alcohol Disorders

PURPOSE:

To provide a three (3) month to (6) month residential program in which chemically dependent clients can reorganize their lives with a view toward an independent lifestyle.

EXPECTED OUTCOMES:

- 3. Find gainful employment
- 4. Continue educational plans

Serviced 300-400 MCCF returning citizens last year.

Provides services to anyone 18 and older who is on probation or parole from MCCF. DOES specifically target this population. Formal relationship with Behavioral Health Court and MCCF – by Referral – per Single County Authority Contract (SCA). Countywide services provided. Resident Manager is Spanish speaking.

CLEM-MAR HOUSE FOR WOMEN

540-542 Main St.
Dallas, PA 18704
Phone# (570) 674-1575

Contact Person: Lynn Barto – Clinical Director
Email: Lynn.barto@clemmarhouse.org

SERVICES:

Long Term Residential Drug & Alcohol Rehab Center Co-occurring Mental Health & Drug & Alcohol Disorders

PURPOSE:

To provide a three (3) month to (6) month residential program in which chemically dependent clients can reorganize their lives with a view toward an independent lifestyle.

EXPECTED OUTCOMES:

- 1. Find gainful employment
- 2. Continue educational plans

Serviced 300-400 MCCF returning citizens last year.

Provides services to anyone 18 and older who is on probation or parole from MCCF. DOES specifically target this population. Formal relationship with Behavioral Health Court and MCCF – by Referral – per Single County Authority Contract (SCA). Countywide services provided. Resident Manager is Spanish speaking.

GAUDENZIA – MONTGOMERY COUNTY OUTPATIENT

55 Marshall St.

Norristown, PA 19401 Phone# (610) 278-1094 / (610) 279-4262 Fax# (610) 239-9195

Contact Person: Wendy Levin – Director Email: wlevin@gaudenzia.org

Primary Focus: Substance Abuse Treatment & Mental Health Services Special Programs/Groups: Women, Men, DUI/DWI offenders, Criminal justice clients

Adult Residential Services – Short, intermediate and long term substance abuse and mental health services are available for adults, women with children, homeless individuals, and HIV symptomatic substance abusers.

Outpatient Services – Traditional counseling is provided in outpatient settings including Intensive Outpatient Programs (IOP), Partial Hospitalization, and diversified prevention programs.

Adolescent Services – For teens seeking recovery from chemical dependency, Gaudenzia offers both residential and outpatient programs.

Mental Health Residential Services –Specialized services to treat individuals whose chemical dependency co-occurs with mental disorders.

Prison Services – Specialized programs for individuals involved in the criminal justice system including services for substance abuse and co-occurring disorders.

Transitional and Permanent Housing – Gaudenzia operates affordable, drug-free housing to help clients stabilize their recovery following treatment.

Forms of Payment Accepted: Self payment, Medicaid

Payment Assistance: Sliding fee scale (fee is based on income and other factors)

Has a Formal Contract with Drug Court in Norristown.

GOD'S TREASURE HOUSE MINISTRIES

250 w. Cherry Lane Souderton, PA 18964

Contact Person: Gina Stocker – Executive Director Email: Godstreasurehouse@verizon.net

SERVICES:

In-Home programming offering spiritual, emotional and physical nurturing, along with life skills, budgeting and financial skills. This is a comprehensive 12-18 month aftercare program for women with children from the community and also ex-offenders released from prison and who have been victims of domestic violence. In the past year we have provided services to 12 women from the MCCF.

OUTCOMES:

Gainful employment and become self-supporting. We offer help in finding an apartment and furnishing it with the money saved by the woman at the end of their stay.

Provides services to females 18 and older who are on probation or parole from MCCF. Specifically targets this population. Informal relationship with MCCF. Countywide services provided. No Spanish speakers are available.

GOOD FRIENDS

868 W. Bridge St. Morrisville, PA 19067 Phone# (215) 736-2861

Contact Person: Teresa Dickson

Email: <u>Tdickson@goodfriendsinc.org</u>

SERVICES:

Halfway House for Adult Men with Drug & Alcohol Dependency

OUTCOMES EXPECTED:

- 1. Find gainful Employment
- 2. Stay Sober
- 3. Safe Housing

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population. Referrals by Informal relationship with Drug Court and MCCF. Countywide services provided. No Spanish speakers.

HARWOOD HOUSE

9200 W. Chester Pike Upper Darby, PA 19082 Phone# (610) 853-3440

Contact Person: Joy Douglas, Director

Email: <u>Harwoodjad@yahoo.com</u>

SERVICES:

Halfway House for Men & Women with Drug & Alcohol Dependency

OUTCOMES:

- 1. Gainful Employment
- 2. Safe Housing
- 3. Attend Meetings Regularly
- 4. Referral Placement

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population and serves 40-60 returning citizens yearly. Referrals by formal relationship with Drug Court and contract with MCCF. Countywide services provided. Spanish speakers are available.

LIBERTAE FAMILY HOUSE

5245 Bensalem Blvd. Bensalem, PA 19020 Phone# (215) 639-7826 Ext 210

Contact Person: Connie Karasow – Executive Director

Email: <u>Cbkarasow@libertae.org</u>

SERVICES:

Halfway House for single women who are Pregnant or have children and are currently Alcohol & Drug Dependent.

OUTCOMES:

Gainful Employment

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population. Referrals by formal agreement with Drug Court and MCCF. Countywide services provided. No Spanish speakers.

WHY NOT PROSPER

717 Chelten Ave. Philadelphia, PA 19144 Phone# (215) 842-2360 Cell# (610) 716-1113

Contact Person: Michelle Simmons

Email: Whynotprosper@aol.com

SERVICES:

Faith-based Halfway House for women Ex-offenders. This is a 6-12 month program. We help women ex-offenders find employment, access benefits and help with referrals.

Why Not Prosper provided services to 17 Ex-offenders in 2013. We have 10 years working in MCCF presenting workshops to inmates.

OUTCOMES:

Graduation from the program resulting in finding gainful employment, gaining independence, and becoming self-supporting.

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population. Referrals by Formal and Informal relationship with Drug Court and MCCF. Countywide services provided. Spanish speakers available.

RESOURCES FOR HUMAN DEVELOPMENT

Womanspace Ardmore

120 Ardmore Ave.

Ardmore, PA 19003-1315

Phone# (610) 649-8136 / Fax (610) 649-4270

Contact Person: Carmen Davis, Director

Email: womanspace-ardmore@rhd.org

Services:

Addiction Recovery / Halfway House

Womanspace is a residential treatment program for chemically dependent women. Recovery and therapy in a home-based atmosphere are aimed at rehabilitation and a return to the community.

RHD is a diversified human services nonprofit serving people of all abilities with more than 160 programs in 14 states. This program began in 1985.

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population. Referrals by Formal and Informal relationship with Drug Court and MCCF. Countywide services provided. Spanish speakers available.

HIV/AIDS INTERVENTION & PREVENTION SERVICES

FAMILY SERVICES -PROJECT HOPE

3125 Ridge Pike
Eagleville, PA 19403
Phone# (610) 630-2111 / FAX# (610) 630-4003

Contact Person: Daiquiri Robinson

Email: <u>Drobinson@fsmontco.org</u>

YOU MUST BE DIAGNOSED AS HIV POSITIVE TO QUALIFY FOR THIS PROGRAM:

Project HOPE began in 1989 as a demonstration project for case management to assist those infected with HIV/AIDS in Montgomery County. Project HOPE provides the following services to those infected and at-risk for HIV/AIDS:

Medical Case Management
HIV pre- and post-test Counseling
Confidential HIV Testing
Housing (rental subsidies)
Prevention education workshops
Help obtaining benefits
Healthy relationships intervention
Transportation
Food Vouchers

These ideals guide Project HOPE to be the only "full service" HIV/AIDS program in Montgomery County.

OUTCOMES:

Clients should retain care and a suppressed viral load.

These outcomes are tracked through a database.

This program provided services to approximately 5 MCCF ex-offenders in the past year. Countywide services provided. Spanish speakers not available on site.

HOUSING ASSISTANCE

BRIDGE OF HOPE

508 Schoolhouse Rd. Harleysville, PA 19438 Phone# (215) 361-1815

Contact Person: Marlene Derstine

Email: <u>Frc@buxmont.bridgeofhopeinc.com</u>

SERVICES:

Housing for homeless and single moms with children 18-24 month program with case management

Referrals by - self-referral are welcome, Interfaith Hospitality Network and Keystone. Currently serving two clients from MCCF. These outcomes are tracked for up to 5 years.

EXPECTED OUTCOMES:

Successful case management. Strengthened life skills. Affordable housing. Gainful employment. Financial stability.

Provides services to anyone 18 and older who is on probation or parole from MCCF. Does not specifically target this population. Informal relationship with MCCF. Countywide services provided. No Spanish speakers are available.

CADCOM of MONTGOMERY COUNTY

113 E. Main St.
Norristown, PA 19401
Phone# (610) 277-6363 Ext 167

Contact Person: Herbert Morris

SERVICES:

Homeless Services
Supportive Housing Program
Emergency Utility Assistance/LIHEAP Assistance and Food Assistance
Home Loan Program
Fatherhood Initiative Programs

Becoming Self-Sufficient: The service consists of meetings with the family to determine the needs and barriers to becoming self-sufficient. We help with things from clothing needs to food and housing.

Eligibility: In addition to the Income guidelines, you must also be receiving one Federal Government subsidy such as TANF (Temporary Aid for Needy Families) or subsidized housing.

Income Guidelines: Income 125% of Federal Poverty Level based on your last 90 days of income.

Fees: None

This Program Provides -

Family Needs Assessment: Meets with family to determine the needs and barriers to become self-sufficient. We help with things from clothing needs to food and housing.

Monitoring: CADCOM conducts monthly home visits for Self-Sufficiency case management participants.

Parenting skills: Details on financing and how to deal with the money issues involved.

Outcomes:

Post-release from MCCF helps clients locate affordable housing after obtaining gainful employment. Has served approximately 45-60 males from MCCF in the past year.

CREATIVE HEALTH

Community Residential Rehabilitation Program - 11 Robinson Street Pottstown, PA 19464 Phone# (484)941-0500

SERVICES:

Housing - Supportive Living, Intensive Supportive Living, Community Residential Rehab

Mental Health Outpatient Services

Intensive Outpatient Program (I.O.P.)

Drug & Alcohol Services

Montgomery County Family Counseling & Case Management

Wrap Around Services

Community Residential Rehabilitation provides a transitional program which provides an intensive, structured living arrangement for adults with serious mental illness. Residents receive assistance in developing and utilizing daily living skills such as grocery shopping, meal planning and preparation, personal hygiene habits, cleaning, laundry, budgeting and medication management. Approval for entry into this program is managed by the Montgomery County Office of Behavioral Health.

Supported Living provides minimal care and support in independent apartments throughout the Pottstown Community. is designed to provide minimal assistance and support in supervised Creative Health Services apartments. Residents have the access to 24-hour staff support and staff assistance with utilization of daily living skills and coordination of medical and psychiatric services. Approval for entry into this program is managed by the Montgomery County Office of Behavioral Health.

To learn more about this service, please contact us:

Supportive Living Facility:

81 South Keim Street Pottstown, PA 19464 **Phone:** 610-970-9767 **Fax:** 610-970-9767 Click Here For Directions

Intensive Supportive Housing is designed to provide minimal assistance and support in supervised Creative Health Services apartments. Residents have the access to 24-hour staff support and staff assistance with utilization of daily living skills and coordination of medical and psychiatric services. Approval for entry into this program is managed by the Montgomery County Office of Behavioral Health.

To learn more about this service, please contact us:

Intensive Supportive Living Facility:

81 South Keim Street Pottstown, PA 19464 **Phone:** 610-970-9767 **Fax:** 610-970-9767

GOD'S TREASURE HOUSE MINISTRIES

250 W. Cherry Lane Souderton, PA 18964

Contact Person: Gina Stocker – Executive Director Email: Godstreasurehouse@verizon.net

SERVICES:

In-Home programming offering spiritual, emotional and physical nurturing, along with life skills, budgeting and financial skills. This is a comprehensive 12-18 month aftercare program for women with children from the community and also ex-offenders released from prison and who have been victims of domestic violence. In the past year we have provided services to 12 women from the MCCF.

OUTCOMES:

Gainful employment and become self-supporting. We offer help in finding an apartment and furnishing it with the money saved by the woman at the end of their stay.

Provides services to females 18 and older who are on probation or parole from MCCF. Specifically targets this population. Informal relationship with MCCF. Countywide services provided. No Spanish speakers are available.

INTERFAITH HOSPITALITY NETWORK & KEYSTONE OPPORTUNITY CENTER

104 Main St.

Souderton, PA 18964

Phone# (215) 723-5430 / Fax (215) 799-0739

The Interfaith Hospitality Network (IHN), collaboration between 32 local faith communities and Keystone, provides shelter and social services to sixteen or more homeless families each year from the Indian Valley of Montgomery County and Upper Bucks County. The IHN brings us together to help our guests regain their housing, their independence, and their dignity when life's misfortunes happen: job loss, disability, fire, domestic violence, and more. Together we give 9000 hours of time each year to reduce homelessness and transform lives.

How the Interfaith Hospitality Network (IHN) works:

- 1. Churches Extend Hospitality: One month a year two congregations (one each in Indian Valley and Upper Bucks) provide overnight lodging, a home cooked meal and hospitality. These churches become home for three to six families each night.
- 2. Daily Activities Happen at the Day Center: The Day Center is used as a home base for families to take care of life's chores. Employed guests work during the day, while school aged children go to school.
- 3. Church Members Volunteer: Volunteers cook, serve meals, play with children, help with homework, stay overnight and provide transportation as needed to and from the day center. They interact with guests, treating them with respect and compassion.
- 4. Keystone Provides Social Services: Keystone Staff meets with the families to develop goals and monitor action steps: find housing, jobs, government assistance, secure counseling. Client education includes: job training, financial advising, parenting, and nutrition.

Who is an IHN Client?

Many families in our area are one or two pay checks away from homelessness. A job loss, a medical emergency or an unexpected accident can cause homelessness. IHN provides a stable, step-by-step program where clients have an active role and assist in rebuilding their situation. Whether you are a one parent family, two parent family, a mother with children or a single woman, homeless currently, and free of substance abuse we can help you. A background check must reveal no threat to the churches or other families and you must be in compliance with IHN program procedures.

If you would like more information call 215-723-5430 and ask for the community assistance line.

MONTGOMERY COUNTY Office of Children and Youth (OCY)

ALTERNATIVE RESPONSE HOUSING INITIATIVE

Human Services Center 1430 DeKalb St. Norristown, PA 19404 Phone# (610) 278-5800 Main Office

NOTE: You must currently have an open case with The Office of Children and Youth to meet eligibility requirements for this program.

There are two locations to serve you - **Norristown** and <u>Pottstown</u> **Carson Valley Children's Aid**

1314 DeKalb St.

Norristown, PA 19031

Phone# (610) 279-2755

Contact: Virginia Kirk

and

Family Services of Montgomery County, PA

3125 Ridge Pike

Eagleville, PA 19403

Phone# (610) 630-2111 Ext. 249

Contact: Charla DeValia

ARHI is a grant funded program available to families who have a concrete need for housing related assistance and could benefit from being connected with appropriate community services. After the Montgomery County Office of Children and Youth responds to a family and determines that a need exists, the family will be referred to one of two Family Centers which allows for child protection and family support in a less invasive way. The goal is to assist families in assessing their ongoing needs and provide support as they develop solutions, in order to stabilize and become self-sufficient.

WHY NOT PROSPER

717 Chelten Ave. Philadelphia, PA 19144 Phone# (215) 842-2360 Cell# (610) 716-1113

Contact Person: Michelle Simmons

Email: Whynotprosper@aol.com

SERVICES:

Faith-based Halfway House for women Ex-offenders. This is a 6-12 month program. We help women ex-offenders find employment, access benefits and help with referrals.

Why Not Prosper provided services to 17 Ex-offenders in 2013. We have 10 years experience providing workshops inside MCCF.

OUTCOMES:

Women must graduate from our program, become independent, self-supporting and in gainful employment.

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population. Referrals by Formal and Informal relationship with Drug Court and MCCF. Countywide services provided. Spanish speakers available.

CARSON VALLEY CHILDREN'S AID

YOUR WAY HOME PROGRAM- MONTGOMERY COUNTY

Montgomery County Courthouse
One Montgomery Plaza
425 Swede Street, Suite 411
Norristown, PA 19401
Your way Home Call Center - Phone# (877) 646-6306

Website: www.yourwayhome.org

Your Way Home (YWH) Montgomery County is a collaborative partnership between nonprofits, government, and philanthropy that seeks to end homelessness in our community.

Requirements to qualify for this program:

You must be homeless, not just sleeping on someone's couch temporarily.

For more information and addresses to the extensive list of organizations offering this program, please check out the website.

CARSON VALLEY CHILDREN'S AID
THE POTTSTOWN CLUSTER OF RELIGIOUS SERVICES
LAUREL HOUSE
KEYSTONE OPPORTUNITY CENTER
SALVATION ARMY
INTERFAITH HOSPITALITY NETWORK – MAIN LINE
HEDWIG HOUSE
INTERFAITH HOUSING ALLIANCE
VALLEY YOUTH HOUSE
COORDINATED HOMELESS OUTREACH CENTER

MENTAL HEALTH

ABINGTON HOSPITAL – CREEKWOOD CENTER

3941 Commerce Ave. Willow Grove, PA. 19090

Phone: (215) 481-5450 /(215) 481-5483

SERVICES:

MENTAL HEALTH OUTPATIENT SERVICES AVAILABLE ON-SITE DRUG AND ALCOHOL MANAGEMENT & COUNSELING SERVICES OFFSITE

Provides services to anyone 18 and older who is on probation or parole from MCCF, but DOES NOT specifically target this population. Informal relationship with MCCF.

Countywide services provided. Spanish speakers are available through Abington Hospital.

ALDIE COUNSELING – BUCKS COUNTY

Doylestown and Langhorne, PA.

Phone: (215) 345-8530

Contact Person: Cathy or Carol Email: canderson@aldie.org

SERVICES:

Drug & Alcohol Inpatient and Outpatient Mental Health Treatment Transitional Housing for Men in Recovery

Provides services to anyone 18 and older who is on probation or parole from MCCF. Does NOT specifically target this population. Informal relationship with MCCF. BUCKS County services provided. Spanish speakers available.

CARELINK COMMUNITY SUPPORT SERVICES

For general information or to make a referral please contact:

Elizabeth Hutwelker, CPRP, Career Services Director 140 S. Lansdowne Avenue

Lansdowne, PA 19050 Phone: 610-626-6442 Fax: 610-626-2336

Email: ehutwelker@carelinkservices.org

CareLink was founded in 1959 in Lansdowne, PA to provide people with mental illness a progressive alternative to the revolving door of hospital care. Caring support, housing, assistance with jobs, and practical help in the community resulted in more dignity, stability, and hope.

Employment, Education and Training for Career Learning - Employment is a normalizing experience in most people's lives and one that is especially elusive to people with mental illness. CareLink's Career Services programs provides individualized employment, education, and training services to promote self-worth, the development of natural supports, and community integration.

Vocational Assessment - Ours is a collaborative process to gather and evaluate the person's educational and employment history to help identify strengths, resources and needs.

Education Services - Help for people with goals in education, whether to complete a GED, attend job specific training, or earn a college or advanced degree. Through one-to-one coaching, specialists provide information, help with applications, tutoring, advocacy with schools, and problem solving assistance.

Employment Services - We help people match their interests and skills with competitive employment opportunities. CareLink staff members provide job-seeking skills training, targeted job development, on-site vocational support, and retention assistance. Helping people maintain their jobs is a unique feature of our program.

Computer Skills Training - With support from the Beaumont Foundation, Career Services has a computer lab with state of the art equipment and software. Participants use the lab for individual projects, such as homework or job search, and can participate in the software tutorials offered each month by staff. Sample training topics include Internet basics, Windows XP, MS Word, Excel, using e-mail, and accessing on-line education and employment supports.

Disability Management - People can participate in non-stigmatizing groups and peer supports to promote wellness, recovery, and achievement. Current offerings include:

- 1. Share Group an employment and wellness peer support group
- 2. Stress Management Group a bi-weekly group focusing on managing stress through peer sharing, imagery, deep breathing and stretching exercises, journaling, and art therapy.
- 3. Specialty skills workshops such as "Interviewing 101" based on feedback from participants and staff observation of need.

CARSON VALLEY CHILDREN'S AID

Norristown Family Center 1314 DeKalb St. Norristown, PA 19401 Phone# (610) 279-2755

Contact Person: Bethany Smith
Email: info@cvca-pa.org
Website: www.cvca-pa.org

SERVICES:

Referral needed from The Montgomery County Office of Children and Youth for ARHI Program: Housing Assistance – Alternative Response Housing Initiative (ARHI)

ARHI assists families receiving services from Montgomery County Office of Children and Youth (OCY). The program supports the family to divert their children from foster care placement or have them return home earlier from care. Families must be referred from OCY to receive up to 60 days of case management and limited financial assistance to enhance their housing stability.

Parenting Education Classes - Carson Valley Children's Aid

Norristown Family Center Positive Parenting (Parent Ed) and Fatherhood Programs are uniquely designed to support and fortify families by providing parents with increased knowledge and skills essential for raising children in today's world, by helping parents cultivate skills that will help them to consistently support, protect, nurture, and guide their children. The Parenting program is offered to men and women with children ages 0 - 18. The Fatherhood program is designed for fathers (though all men are welcome). Topics include leadership, good decision making, anger management and so much more.

Norristown Family Center - Parents As Teachers
Support Services for Homeless Families and Families in Transition
Time Limited Family Reunification (TLFR)
Drug & Alcohol Outpatient Programs for adolescents

Behavioral Health Rehabilitation Services -

(BHRS) provides medically necessary mental health services to children in their home and community. Services include 1:1 counseling, behavior consultation with teachers, parents and community resources, and/or 1:1 behavioral support. These voluntary services seen to assist the child and family in remaining in the home and community and stay out of higher levels of care including inpatient hospital or residential settings.

CREATIVE HEALTH

Community Residential Rehabilitation Program - 11 Robinson St.
Pottstown, PA 19464
Phone# (610) 326-8712 / Fax (610) 970-7753

Contact the Certified Peer Specialist (610) 326-8712

SERVICES:

Mental Health Outpatient Services
Intensive Outpatient Program (I.O.P.)
Drug & Alcohol Services
Montgomery County Family Counseling & Case Management
Wrap Around Services

Mental Health and Intensive Outpatient Program provides assessment and treatment for a wide array of adult mental health problems including depression, anxiety, stress related disorders, sleep disorders, psychotic disorders, adjustment to trauma, and psychological problems related to medical issues. Services are provided by a multidisciplinary staff trained to work with adults and their families. Our team of psychiatrists, therapists, nurses, psychologists, certified peer specialist, adult recovery support teams and administrative case managers, develops a treatment plan based on each person's individual needs.

CENTRAL MONTGOMERY MH/MR CENTER

1100 Powell St. Norristown, PA. 19401 Phone (610)277-4600

Email: Central@centralmhmr.org

Central specializes in case management, outpatient therapy, group therapy, parent group, family education, school based counseling, alcohol and drug treatment.

The mental, emotional and developmental health of each member of the community is central to the quality of life of everyone who works or lives in Montgomery County.

Central Montgomery Mental Health/Mental Retardation Center, or Central, is the oldest private, not-for-profit, multi-service community mental health center in Montgomery County, PA. We provide services to more than 4,000 individuals and families through specialized programs, covering a full spectrum of behavioral health services. Approximately one in five American adults have their lives interrupted by some form of mental illness. Central provides the necessary support to enable people living with mental illness to be productive members of society. A partial list of services appears below —

SERVICES:

Clinical Options toward Recovery (CORE) – structured support for people with addiction problems

Intensive Case Management/Resource Coordination — In-community support service for persons with serious mental illness who are crises-prone or unable to maintain steady connections with community-based services

Service Case Management – Services to assist individuals and families in gaining access to appropriate mental health services, resources and supports

Outpatient Services – Clinical support providing communication and coping skills on an individual, couple and family basis

Call Central at (610) 277-4600 for more information, and to receive our brochure

EAGLEVILLE HOSPITAL

100 Eagleville Rd.
Eagleville, PA 19403
Phone# (610) 539-6000

Contact Person: Charlie Folks

Email: <u>cfolks@eagleville.org</u>

Website: www.eaglevillehospital.org

Eagleville Hospital provides a variety of non-hospital residential programs for men and women addicted to alcohol and drugs. Eagleville provides a serene, therapeutic atmosphere that encourages rehabilitation

SERVICES:

Mental Health Services
Drug & Alcohol Detox & Inpatient Care
Geriatric Psychiatric Treatment
Acute Co-Occurring Disorder Unit
Non Hospital Level Rehab (Counseling)

Hospital Level Rehabilitation - Eagleville has the expertise and resources to assess and treat medical/mental health problems that often accompany substance use disorders. With state-of-the-art medical/mental health care, Eagleville provides services to patients with a primary substance use disorder diagnosis and secondary medical/mental health problems.

Hospital Level Detox – Patients may be admitted to Eagleville Hospital while intoxicated or in withdrawal from drugs or alcohol. Under 24-hour medical supervision, the patient withdraws from the physical effects of substance use disorders. Patients receive care from experienced physicians and nurses who are prepared to treat medical and psychiatric complications that may arise during withdrawal. While detoxification is usually completed in four to seven days, it is only the first step in treating chemical dependency. Once stabilized, the patient may be transferred to one of Eagleville's residential programs, or to an outpatient program.

Provides services to anyone 18 and older who is on probation or parole from MCCF. DOES NOT Specifically target this population. Informal relationship with MCCF. Countywide services provided. No Spanish speakers available.

GAUDENZIA – MONTGOMERY COUNTY OUTPATIENT

55 Marshall St.
Norristown, PA 19401
Phone# (610) 278-1094 / (610) 279-4262
Fax# (610) 239-9195

Contact Person: Wendy Levin – Director Email: wlevin@gaudenzia.org

Primary Focus: Substance Abuse Treatment & Mental Health Services

Special Programs/Groups: Women, Men, DUI/DWI offenders, Criminal justice clients

Adult Residential Services - Short, intermediate and long term substance abuse and mental health services are available for adults, women with children, homeless individuals, and HIV symptomatic substance abusers.

Outpatient Services - Traditional counseling is provided in outpatient settings including Intensive Outpatient Programs (IOP), Partial Hospitalization, and diversified prevention programs.

Adolescent Services - For teens seeking recovery from chemical dependency, Gaudenzia offers both residential and outpatient programs.

Mental Health Residential Services - Specialized services to treat individuals whose chemical dependency co-occurs with mental disorders.

Prison Services - Specialized programs for individuals involved in the criminal justice system including services for substance abuse and co-occurring disorders.

Transitional and Permanent Housing - Gaudenzia operates affordable, drug-free housing to help clients stabilize their recovery following treatment.

Forms of Payment Accepted: Self payment, Medicaid

Payment Assistance: Sliding fee scale (fee is based on income and other factors)

Has a Formal Contract with Drug Court in Norristown

MALVERN INSTITUTE

240 Fitzwatertown Rd Willow Grove, PA 19090 Phone# (888) 643-3869 Or 940 W. King Rd. Malvern, PA 19355

SERVICES:

Inpatient D&A & Detox Services

Mental Health – Psychological Inpatient Treatment (Willow Grove)

Intensive Outpatient

PREMIER SERVICES:

Chronic Pain
Mental Health with Addiction Issues
Relapse Prevention Program
High Risk Patients
Grief, Trauma & Loss

There are specific services being offered at each location, so call the above number and they can direct you to the services that fit your needs.

MIRMONT CENTER

Delaware Valley, PA Phone (610) 744-1400

Contact: Patrick Muldoon

SERVICES:

Drug & Alcohol Inpatient and Alcohol Detox Mental Health Issues Inpatient Medically Monitored Detoxification Inpatient Rehabilitation Inpatient Dual Diagnosis Intensive outpatient Individual Therapy

Mirmont Center has an "SCA" – Single County Authority Contract

Provides services to anyone 18 and older who is on probation or parole from MCCF. DOES NOT specifically target this population. Formal relationship with Behavioral Health Court and MCCF. Countywide services provided. Spanish speakers available.

Mirmont is dedicated to providing compassionate, quality treatment to all those affected by alcoholism, drug dependency and other mental health issues.

Mirmont offers a full continuum of inpatient and outpatient programs and services for adults over the age of 18.

MCES – MONTGOMERY COUNTY EMERGENCY SERVICES

50 Beech Street Norristown, PA 19401

Phone: (610) 279-6100

Contact: Tony Salvatore

Director of Development

Email: <u>Tsalvatore@mces.org</u>

SERVICES:

Mental Health Counseling Services & Case Management

The MCES Inpatient Program provides crises intervention, comprehensive assessment, short-term intensive psychiatric treatment, medical assessment, and discharge planning services to individuals and their family members. MCES serves 5-10 people per year from the State Correctional Facility for Psychiatric Evaluations. Their inpatient stay is usually 8-10 days for Mental Health issues.

Program Services:

Assessment

Medication Management/Education

Group Therapy

Dual Diagnosis Program

Individual Psychotherapy/Counseling

Family/Couples Therapy

Educational Groups

RESOURCES FOR HUMAN DEVELOPMENT

Misty Harbor

Description

Addiction Recovery

Behavioral Health

Service Employment & Training

Areas Homelessness

Intellectual Disabilities Returning Citizens

Misty Harbor is a 12-bed community group home for people with mental illness who

have low stress tolerances, limited coping abilities, and possible drug and alcohol addictions. The program provides training in social, emotional, behavioral, and life

skills in order to enable the residents to live as fully and as independently as possible.

Misty Harbor is under the umbrella of RHD's Progressions System.

Coordinators Shelly Fields, Director

Phone: 215-848-0736

Contacts Fax: 215-848-0919

E-mail: shelly@rhd.org

Address 723 East Church Lane

Philadelphia, PA 19144

Start Year 1991

RAVENHILL PSYCHOLOGICAL SERVICES

Contact Person: Jay Deppler

Email: Jdeppler@edisoncourt.com

SERVICES:

Treatment for Spousal Abuse & Anger Management Outpatient Mental Health Clinic

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population. Formal relationship with Behavioral Health Court and MCCF. Countywide services provided. Spanish speakers available.

Ravenhill now accepts Medicaid and several commercial insurances and accepts referrals for services from individuals, community agencies, residential treatment facilities, school districts, hospitals, and county agencies.

PARENTING CLASSES

CADCOM of MONTGOMERY COUNTY

113 E. Main St.
Norristown, PA 19401
Phone# (610) 277-6363 Ext 167

Contact Person: Herbert Morris

SERVICES:

Homeless Services
Supportive Housing Program
Emergency Utility Assistance/LIHEAP Assistance and Food Assistance
Home Loan Program
Fatherhood Initiative Program

The Fatherhood Initiative program is offered to men at no cost. CADCOM is dedicated to empowering, educating, supporting and challenging men to become stronger, more positive forces within their own families and communities. We encourage men to be role models and want to provide the leadership, social, emotional and spiritual guidance that is needed to nurture our children.

ELIGIBILITY:

To be eligible for this program you must be a willing man, NOT JUST a "father". It is important for us as men to understand that we learn from each other and ...what we learn, we pass on to the young people whose lives we influence. The CADCOM Fatherhood Initiative follows the "Each One, Teach One" philosophy. What are you teaching the children that see YOU as a leader?

The Program Provides:

Group meetings and individual counseling sessions. Through weekly meetings in a group session, The Fatherhood Initiative gives men the opportunity to communicate with other likeminded men who believe that we should all have a responsibility and a desire to leave a positive legacy for our children.

CARSON VALLEY CHILDREN'S AID

Norristown Family Center 1314 DeKalb St. Norristown, PA 19401 Phone# (610) 279-2755

Contact Person: Bethany Smith

Email: <u>info@cvca-pa.org</u>
Website: www.cvca-pa.org

SERVICES:

Referral comes from The Montgomery County Office of Children and Youth for ARHI Program: Housing Assistance – Alternative Response Housing Initiative (ARHI)

ARHI assists families receiving services from Montgomery County Office of Children and Youth (OCY). The program supports the family to divert their children from foster care placement or have them return home earlier from care. Families must be referred from OCY to receive up to 60 days of case management and limited financial assistance to enhance their housing stability.

Parenting Education Classes - Carson Valley Children's Aid

Norristown Family Center Positive Parenting (Parent Ed) and Fatherhood Programs

Parent Ed programs are uniquely designed to support and fortify families by providing parents with increased knowledge and skills essential for raising children in today's world, by helping parents cultivate skills that will help them to consistently support, protect, nurture, and guide their children. The Parenting program is offered to men and women with children ages 0-18. The Fatherhood program is designed for fathers (though all men are welcome). Topics include leadership, good decision making, anger management and so much more.

Norristown Family Center - Parents As Teachers
Support Services for Homeless Families and Families in Transition
Time Limited Family Reunification (TLFR)
Drug & Alcohol Outpatient Programs for adolescents
Behavioral Health Rehabilitation Services

CHILD HOME & COMMUNITY TEEN PARENT PROGRAM

144 Wood St.
Doylestown, PA 18901
Phone# (215) 348-9770
Fax# (215) 348-2138

Contact Person: Kathy

Email: Kath@chcinfo.org

SERVICES:

Serving teens and early twenty-somethings in the capacity of

- 1. Prenatal and Parenting classes
- 2. Support Groups
- 3. Outreach Geared towards teens and early twenty-somethings

1500 people participated in parenting classes in 2013

Provides services to anyone 18 and older who is on probation or parole from MCCF. Does NOT specifically target this population. Informal relationship with MCCF. Countywide services provided. Spanish speakers available.

FAMILY SERVICES OF MONTGOMERY COUNTY, PA

3125 Ridge Pike Eagleville, PA 19403 Phone# (610) 630-2111 Ext. 239

Contact Person: Alissa McBride

Email: Amcbride@fsmontco.org

SERVICES:

<u>Parent Education Classes - serving the Norristown community and MCCF:</u>

Parenting Inside Out, Strengthening Families, Guiding Good Choices and Love & Logic. <u>Transition Support</u> – is available to parents whose children are returning from foster care with the Montgomery County Office of Children and Youth. This provides additional supportive services to parents over a maximum six month period (begins one month before reunification). The goal is to assist families with the adjustment of their children returning home from foster care.

<u>Time Limited Family Reunification Program</u> – Available to parents whose children are placed in foster care with the Montgomery County Office of Children and Youth. This program provides intensive home supportive services to parents for up to 15 months once the child enters foster care.

EXPECTED OUTCOMES:

Increased Family Management

More than 150 participants have been served through these programs in the past year.

Provides services to anyone 18 and older who is on probation or parole from MCCF.

Specifically targets this population. Informal relationship with MCCF.

Countywide services provided. Spanish speakers available.

FAMILY SERVICES of MONTGOMERY COUNTY, PA

Pottstown Family Center 1976 East High St. Pottstown, PA 19464 Phone# (610) 326-1610 / Fax (610) 326-3104

Contact Person: Jenn Brown

Email: <u>Jbrown@fsmontco.org</u>

SERVICES:

<u>Parent Education classes</u> at Pottstown Middle School – Guiding Good Choices <u>Fatherhood Initiative</u> – Promoting Responsible Fatherhood

<u>Time Limited Family Reunification</u> (TLFR) – Available to parents whose children are placed in foster care with the Montgomery County Office of Children and Youth. This program provides intensive home supportive services to parents for up to 15 months once the child enters foster care.

<u>Alternative Response Housing Initiative</u> (ARHI) – This initiative assists families that are facing financial hardships, by providing diversionary case management service for families who have been referred from the Montgomery County Office of Children and Youth and have been determined to be in dire need.

Provides services to anyone 18 and older who is on probation or parole from MCCF. Specifically targets this population. Informal relationship with MCCF. Countywide services provided. Spanish speakers available.

SEX OFFENDER COUNSELING

KEYSTONE CENTER

5 Miles South of Philadelphia Airport Phone# (800) 558-9600

Contact: Admissions Counselor

The Key Recovery Center

Adult Outpatient Services Program -

- 1. Adult Partial Hospital Program (PHP) (Brookhaven
- Adult Intensive Outpatient Program (IOP) (Brookhaven and Ambler)
 (Key Recovery's IOP is designed as an Early Recovery program focusing on the
 development of relapse prevention strategies and coping skills that a person needs to
 secure a sober, productive lifestyle.
- 3. Spirituality and Outpatient Services
- Offering specialized outpatient groups such as Anger Management group and Co-Occurring disorder group. New groups will be developed as community needs are identified.
- 5. **Family Services** This program, offers individual, group, and family counseling services to the loved ones dealing with family or friends in treatment. The Adult Family Group meets at least 1 time weekly at Brookhaven and 1-2 times monthly at Ambler.

Adolescent Services

- 6. Adolescent Intensive Outpatient Program (IOP) (Brookhaven and Ambler)
 - Key Recovery's adolescent intensive Outpatient Program is designed to meet the complex needs of today's adolescents. The adolescent IOP is an excellent option for step down from Partial Hospital or Residential Treatment settings. Comprehensive assessment is utilized to developing an understanding of the severity of the adolescent's drug and alcohol problems and to assess the strengths of each individual admitted into the program. These strengths are then utilized to develop strength based treatment plan goals and develop new skills to aid in the process of change.
- Adolescent Outpatient Treatment (Brookhaven and Ambler)
 Outpatient group designed for the adolescent with drug and alcohol or co-occurring problems who need treatment to begin or continue the process of change started in a higher level of care.
- 8. **Anger Management Groups**Key Recovery's Anger Management Program includes an eight week curriculum

Referrals through Social Workers in MCCF. Self pay, Private Pay or County Funding for D&A services provided through Abington Case Management and Creative Health Pottstown.